



ACT PREP GUIDE ASAP - The Ultimate Quick-Study Guide

The full review strategy

This approach gives you an equal amount of time for each ACT test section, for a comprehensive review of the entire exam. You'll also dedicate a chunk of time to taking a test-like diagnostic exam that will let you assess your strengths and weaknesses going in to your study period.

Step 1: List the number of days you have until your test day: _____ days

Step 2: Take off a day so you can learn what you need to know about the ACT, including registration, scoring, and getting comfortable with the general format of each test section.

Step 3: Take 1 day to find a quiet space and attack a diagnostic test. These tests can take about 3.5 hours to complete, so plan accordingly. When you finish it, use the rest of the day's study time to review all answer explanations and assess where you need to focus your study.

This can eat up a lot of the day, but you are going to save countless hours of study later while also getting a higher score.

Step 4: Build your study plan. Divide the remaining number of days you have to prepare equally for each test section, splitting that time (days or hours) between *topic review* and *question practice*.

English Test Section

Topic review: _____

Question practice: _____

Mathematics Test Section

Topic review: _____

Question practice: _____

Reading Test Section

Topic review: _____

Question practice: _____

Science Test Section

Topic review: _____

Question practice: _____

Writing Test Section (Optional)

Topic review: _____

Question practice: _____

Step 5: Structure your study calendar. Now that you know the number of days you have to devote to topic review and question practice for each test section of the ACT, take some time to fill in a study calendar so you'll know exactly what preparation you'll be tackling each day between now and test day.

Structure your calendar to suit your study style. Devote each day to a single test section or divide your days so you can work on a section for a set number of hours and switch things up. Whatever keeps you interested, focused, and on track!

Make an actual calendar with this that you can look at. Pick specific times each day where you can just sit quietly and focus on studying. Successful people make dedicated time for the things that matter most, it is a good idea to do the same. Write in time on your calendar for fun too. Letting yourself feel like you can still enjoy the summer is going to help keep you relaxed and get the most out of your study time.

PRO - TIP

- Using a spaced-repetition technique will help you retain what you study for longer and keep your study routine more interesting. The goal should be spend some time studying each subject each week. Keeps things fresh.
- Make sure you do a quick review of what you studied last time when coming back to a subject, even 10 minutes will help. This helps your brain form stronger connections of the information so it will be easier for you to remember come test day.